



DOG FIRST AID KIT

This List includes items that every dog owner should have on hand for a dog first aid kit. You can gather and keep the entire list for home use or put together the essentials for hiking, camping and backpacking trips. Since some items will have an expiration date, be sure to go through your kit twice a year or so to discard expired items and restock. You can put the items in a small tool box or a nylon zip pouch.

- Latex gloves
- Nylon muzzle (dogs can bite when scared or hurt)
- A clean cloth
- Penlight
- Compact thermal blanket
- Material to make a splint (sticks, rolled paper)
- Pediatric rectal thermometer (a dog's normal temp is 101 to 102.5 degrees)
- Current pet first aid book and emergency numbers
- Small scissors
- Baby dose syringe
- Tweezers
- Toe nail clippers
- New Skin liquid bandage
- Hemostat for pulling splinters
- Sterile gauze pads both small and large
- Roll gauze, 2 inch wide
- Vet wrap (sticks to itself but not to the dog, have a couple on hand)
- First aid adhesive tape, 1 inch wide
- Q-tips
- Styptic pencil (stops bleeding)
- Petroleum jelly
- 3% hydrogen peroxide (for cleaning and inducing vomiting)
- Antibacterial ointment
- Antiseptic cleansing wipes
- Eyewash

The following medications require that you write out dosing instructions to add to the kit.

- Benadryl – 1-2mg per pound, every 8 hours for stings, swelling and allergic reactions
- Aspirin – 5 mg per pound every 12 hours (WARNING! Never give Tylenol, Nuprin, Motrin, Advil or ibuprofen. They are very toxic and can even be fatal to dogs)
- Pepto Bismol – 1 tsp per 5 pounds every 6 hours

This information has been compiled from the American Red Cross Pet First Aid publication and consultations with two Durango veterinarians. When in doubt, consult your own veterinarian.